



VIKING NEWSLETTER

For more information visit our Website at www.spruceviewschool.ca or Facebook at Spruce View School

Positive Change with Headstrong



19 High School students attended the Headstrong Summit. The focus was on “Be Brave, Reach Out And Speak Up”. The summit empowered the students

from various schools to reduce stigma and become mental health champions in their school.

They will start a Headstrong Committee at the school with the assistance of staff members. A school based activity toolkit will help them create awareness and educational activities for the whole school.

We look forward to the students breaking the stigma of mental health and empowering all students and staff to seek help when they need it most. We want to thank Ms. Sweet, Mr. George, Mr. Dunnigan and Mr. Wendell for accompanying the kids in this journey.



Making Music with Jazz



SVS had the privilege of a guest conductor, Mr. Sherman, coming to work with our Junior-Senior High Jazz Band. Mr. Sherman’s main music interest is in swing, jazz-rock, funk and Latin style jazz.

He has a degree in music from the University of California and over 45 years experience of teaching students. Mr. Sherman was the director of the Innisfail Instrumental Music Program and then went to be the music director at Red Deer College before retiring.

Mr. Sherman listened to our students play and then spent time critiquing the performance. Our students learned so much and were encouraged to be brave when playing their instruments. They also learned that every conductor has their own special way of conducting a band or choir. We enjoyed our time spent learning more about the music we enjoy playing.



BINGO DATES 2020
January 24th
February 14th
March 13th
April 24th
May 22nd
June - 19th

PAC BINGO - supporting school programs (please see back of page)

The school is very fortunate to have parents who are supportive of many programs within the school. A lot of these programs are offered to students and parents at a reduced financial cost due to the Parent Advisory Council monthly Bingos. If you are able to volunteer to help for one of these Bingos please contact our Bingo/Casino Chair Chantal Landry at 403-396-0093.

WHAT'S HAPPENING AT SPRUCE VIEW

Monday, Dec 9th

- Poinsettia's Arrive
- Jr. Girls/Boys Bball practice 3 pm

Tuesday, Dec 10th

- Grilled Cheese Day
- Dungeons & Dragons 3pm
- Jr. Boys Bball practice 3pm

Wednesday, Dec 11th

- Builders League 3 pm
- Kitchen Kreations 3pm
- Jr. Girls Bball practice 3 pm

Thursday, Dec 12th

- Hot Dog Day
- Dungeons & Dragons 3 pm
- Jr. Girls/Boys Bball game @ Destiny 4pm

Friday, Dec 13th

- **NO SCHOOL Staff FNMI PD Day**
- Dual Credit

Monday, Dec 16th

- Dual Credit
- Jr. Girls/Boys Bball practice 3 pm

Tuesday, Dec 17th

- Taco Day
- Jr. Boys Bball practice 3 pm

Wednesday, Dec 18th

- Jr. Girls Bball practice 3 pm

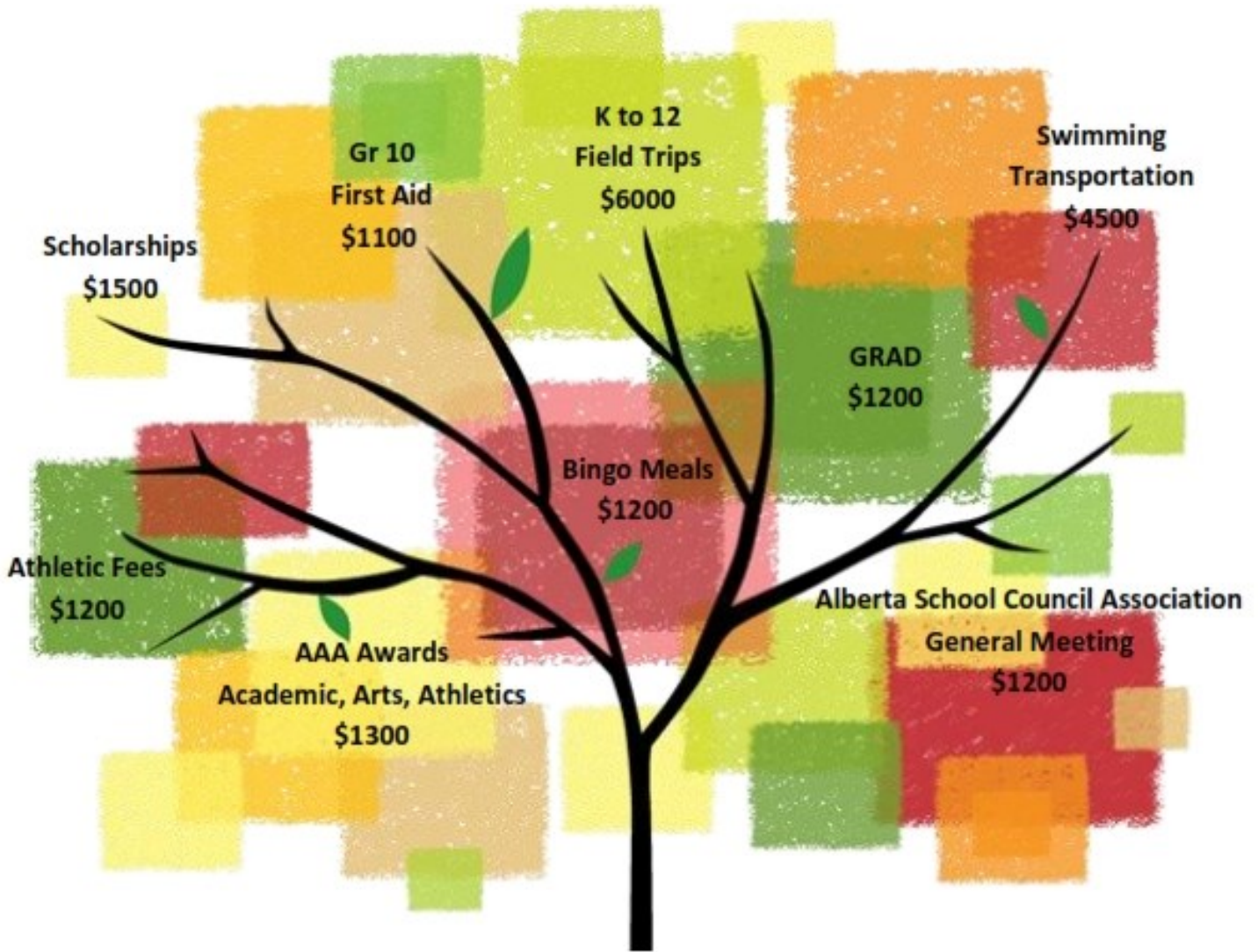
Thursday, Dec 19th

- Hot Dog Day
- Christmas Concert 1 pm and 7 pm

Friday, Dec 20th

- PAC Bingo

MAKING A DIFFERENCE IN ALL OF OUR STUDENTS EDUCATION!!!



What YOU funded
through PAC!